

Echo Creek

adventure
centre

CENTRE PORTFOLIO



www.echocreek.com.au



NATURE



ADVENTURE



CULTURE



OUR RECREATION/ EDUCATION MISSION IS TO:

- Be the market leader in providing outdoor education programs
- Develop leadership and personal life tools through the experiences engaged in during our programs
- Challenge the individual through a variety of outdoor tools and skills
- Promote awareness of minimal impact camping and care of the local environment
- Maintain quality while providing cost effective programs
- Provide qualified professional and motivated staff members
- Challenge participants to grow in personal confidence, tolerance for others, problem solving skills, and the ability to deal with challenges
- Offer a wide variety of outdoor pursuits
- Incorporate cultural activities in programs that promote indigenous awareness
- Be unique and innovative in the program structures provided

RISK MANAGEMENT POLICY:

We are committed to providing you with a safe and comfortable experience at Echo Creek. We keep abreast of all current developments in health and safety, and implement best practice procedures within all areas of our service, including our accommodation and conference centre, campsite facilities and outdoor education programs.

As part of our commitment to safety, we have detailed risk management plans, regularly reviewed safety procedures, and a fully qualified, accredited and competent team of employees with current first aid certification and Blue Card - working with children.



ABOUT US

Echo Creek Adventure Centre is an Award winning Australian business that is committed to educating and providing outdoor experiences to the world. We are located in the heart of the Tully Valley in tropical Far North Queensland midway between Cairns and Townsville, situated on a 240 acre cattle property amongst the Wet Tropics World Heritage Area. A great location for nature based activities, weddings, group events, conferences and school camps and excursions, or simply a weekend getaway or camping trip with the family.

When you experience the outdoors in Tropical North Queensland you open a gateway to the thrills, spills and adrenalin of activities and also to the tranquil, peaceful and abundant natural aspects of the World Heritage Area of the Wet Tropics.

Echo Creek provides the doorway into this wonderful outdoor experience through active participation in the many activities, educational programs, Corporate teambuilding and leadership programs and Special Interest Retreats such as Yoga, Wellness, Craft and Raw Indulgence getaways.

Not only do our tours and educational programs provide a wealth of information and knowledge about the Tropical Rainforest Environment but they also develop and support team and leadership qualities for all. We offer a range of quality products from interpretative bush walks/hiking, local bush tucker tours, journey based trekking and rock climbing through to student educational tours which journey you through some of the tropical north's

Echo Creek Adventure Centre actively believes in & promotes:

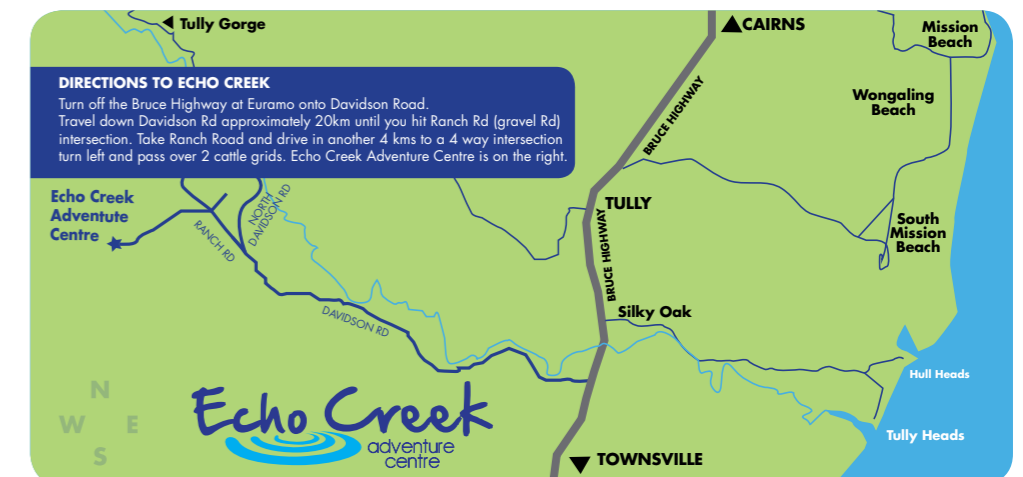
- Adventure Based Learning
- Looking after our natural assets
- Sharing our knowledge with others
- Respecting and acknowledging the traditional owners of the land.

breathtaking World Heritage Rainforest. You can walk in the footsteps of the Ancestors with our local Jirrbal people, weave a bracelet, paint your face, throw a boomerang and even catch a fish. Let Echo Creek take you on an educational experience of a life time or simply relax and unwind at an indulgent Retreat.

Our activities include:

- Outdoor Based Learning
- Adventure Activities for young & old.
- Local Authentic Cultural Programs
- Educational talks and workshops developed around specific topics
- Employment & training programs
- Event management

DIRECTIONS:



MEMBERSHIP:



ACCOMMODATION

Set in the heart of the Tully Valley overlooking the picturesque mountains of the Wet Tropics World Heritage Area lies Echo Creek. The facility is situated on approximately 240 acres and has a variety of accommodation styles available for any group or traveller. A low cost alternative for retreats, family reunions, large family getaways, church groups, bushwalkers, birdwatchers, yoga and wellness retreats, corporate professional development and other special interest groups who need a lot of space and flexibility. We also have disabled facilities and a large open air camp kitchen to service day visitors and overnight guests. We can comfortably accommodate 100 pax across all 3 types of accommodation.

JACKAROO QUARTERS



Select the best in comfort at Echo Creek when you book accommodation in our Jackaroo Quarters. There are 7 reasonably sized rooms consisting of 2 to 4 double bunk beds - sleeps up to 26 pax with an additional 5 rollouts available and a bed on the landing. Fully self-contained with amenities, lounge & laundry facilities. All linen is supplied (sheets, pillow, blanket and towel).

HARD BASED TENTS



Like to try a different camping experience? Try our hard based tent sites. Echo Creek has 9 hard based tents with a mix of stretcher and bunk style beds. The hard based tents can sleep up to 60 people and are close to our two shower blocks with all the amenities. You will need to bring your own sleeping gear. We do have some sleeping bags and pillows for hire.

CAMPSITES



Looking for the ultimate camping experience, then why not pitch your tent close to the man-made lagoon and listen to the peaceful sounds of the rainforest nearby. Echo Creek can accommodate more than 100 tents on site. The amenities and camp kitchen are in close proximity. All the creature comforts in a beautiful setting!

THE CAMP KITCHEN



There are excellent facilities for both catering and self catering facilities in our fully equipped Camp Kitchen. You will find large dining tables, open plan kitchen with all utensils and pots and pans and large fridge and pantry. Seating is available for up to 100 pax. It's ideal as an affordable venue for large groups from 25 to 100 people. You can even use this space for conferences and workshops. Come and check it out!

CAMP LAYOUT:



OUTDOOR EDUCATION PROGRAMS

Echo Creek specialises in outdoor education and adventure programs for schools, corporate groups, community groups, special needs and private groups. Our programs are tailored to suit the needs of the participants and the outcomes of the school or group.

Programs commonly run for three days, but can range from half a day through to a full week or more of quality outdoor education. We also run expeditions on and off site for those seeking more of a challenging and rewarding experience.

Programs emphasize personal growth through experience and challenge. Individuals develop self reliance, responsibility, teamwork, confidence, compassion and environmental and community awareness. Above all, participants accomplish all of this while having fun.

Echo Creek utilises a range of outdoor adventure activities to emphasise learning through experience.

ECHO CREEK ADVENTURE CENTRE CAN CATER FOR:

- Adventure, Journey & Cultural Activities
- Functions
- Weddings
- Yoga Retreat
- School Camps
- Raw Food Retreats
- Wellness Programs
- Youth at Risk Programs
- Functions and Events
- Corporate Meetings
- Professional Development
- Programs
- Boutique Events
- Kayak School
- Craft Retreats
- Journey Based Expeditions



ADVENTURE ACTIVITIES - A GREAT TEAM EXPERIENCE



Bush Survival Hike & Camp Set Up

Will take participants on a hike to a small clearing along Echo Creek. Here they will identify a place to set up camp like they would normally if they went off road camping out in the bush. They will have with them limited items in their backpack and will have to make do with these items for shelter/warmth/food etc. "Looks like we are having yabbies' for dinner"! Participants will be taught basic survival techniques and how to safely camp and survive in a Rainforest environment.

Rock Wall Climbing

North Queensland's first 10m Outdoor Rock Climbing wall with 6-8 different coloured holds for different levels of challenges. This activity is a great physical challenge for participants to step outside of their comfort zone and set a goal for themselves. Each climber is supported by a team of ground belayers who manage their safety, thus incorporating the whole team. Instructors will belay for younger participants.



Laser Tag

Inspired by popular computer games Battlefield Games Laser Tag will provide an experience to thrill teens, adults & game enthusiasts alike! Battle your mates - Let Battlefield Games Laser Tag take you through different missions such as evasion, stealth, preservation and pursuit tactics under the guidance of your Mission Master.



Mountain Bike Riding

You will learn about the safety aspects of riding on and off-road settings in our tropical rainforest environment. Trail options are carefully selected to match ability level of the group. Participants can experience the beauty of riding along picturesque rainforest and paddock trails and the excitement of speeding down challenging tracks. Easy to Moderate to Extreme. You'll get sweaty, dirty, possibly wet and hooked.



Team Building & Initiatives

Is a great activity to assist participants to develop...balance, skill, listening, feeling, audible, team skills, leadership skills and communication. Participants take part in a number of developed activities such as Shelter making, Crazy tabloid, Parachute games etc. where participants learn to work together and use each other's strengths to build or create and achieve a desired outcome. Echo Creek offers a range of Initiatives and problem solving activities in each program. These activities help individuals to develop trust, group cohesion and effective behaviours that will contribute to optimal growth and program goal achievement. This is a great activity in the test of trust as well! Suitable for all ages!



ADVENTURE ACTIVITIES - A GREAT TEAM EXPERIENCE

Echo Creek Bush Walk - "Spirit of the Rainforest"

"Bushwalking" involves a range of walking experiences from a few kilometers along a nature trail or a day hike. Bushwalking is different from simply walking for exercise because an integral part of the bushwalking experience is the appreciation of the natural environment through which you walk - the flora, fauna and scenery. Bushwalking can involve physical challenges such as climbing a mountain, crossing a creek or scrambling over boulders; and also mental challenges such as reading a map or navigating a course where there are no tracks.

Leadership Activities

A tailored program where participants develop leadership skills while being provided with real-time feedback and processing opportunities. Challenging and fun activities that are designed to improve non verbal and verbal communication skills, develop initiatives and enhance problem solving.



Orienteering/ Rogaining

Requires the participants to work as a group and learn to use a compass and follow their way around a pre-designed course. Using a map and sense of direction, participants learn the necessary skills to complete an orienteering course. In small groups participants will search for orienteering markers. This can be integrated with the "Survival Hunt" activity to add a different element. Beginner, Intermediate and specialised (rogaining) courses are available depending on the age and skill level of the group.

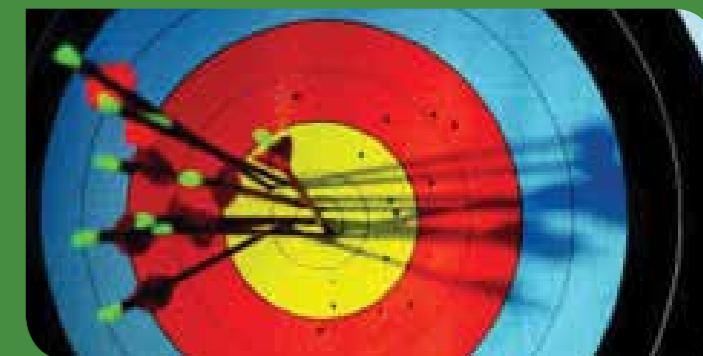


Damper & Camp Fire Making

Back to the basics with teaching participants the art in making fire both the conventional and traditional way, then all hands in blending the mixture for the Damper. Here participants get amongst making their own dampers and get to feast on their master creations.

Archery

Here you will need to get your eye in on those big red dots. A great way to learn precision and the art of Bow and Arrow. Archery increases self- confidence and teaches the importance of safety. Archery is a great sport for boosting mental and physical fitness.



Team Raft Building

Raft building is a dam based activity where the group is given a certain amount of equipment and they must design and construct a raft to support some of their team members. Equipment includes poles, rope, timber etc. PFD's are made available to all participants as they swim/paddle their craft out to the pontoon on the dam. There are no guarantees the participants will stay dry!

Raft Building is a favourite amongst participants and is driven by group discussion and collaboration. In order for teams to achieve success they must show initiative in their design as well as teamwork in order to construct their raft efficiently. Enquire about our journey-based raft build leg down the nearby creek!



Tully Sugar Mill Tour

Take a Tour through the local Sugar Mill to see the process of refining the sugar cane plant into its many bi-products. The Tour takes you from the unloading of the Sugar Cane Bins through to the crusher, juicer and Bagasse areas. You may even leave with your own little sugar treat.



ADVENTURE ACTIVITIES - A GREAT TEAM EXPERIENCE

Wild River and Creek Water Safety

Understanding the dangers of natural water ways and how you can be safe and enjoy the local rivers and creeks. Learn how to identify elements of the swift water environment: eddies, sieves, strainers, holes, rising water levels. Opportunities to get in the water and practice lowest-risk methods of navigating across currents and practice: swiftwater float position, self-recue and throwbag rescue. Our highly experienced swiftwater instructors can customise your swiftwater experience for a range of age groups and desired outcomes.

White Water Rafting

This is the Ultimate thrill on the nearby Tully River - a full day activity. You will be challenged over the many grade 3-4 rapids of the all mighty Tully River. Age restriction does apply (13years and over).



Sea Kayaking

Time to take to the water. Learn the technique of paddling a Sea Kayak from the mainland of Mission Beach to Dunk Island on a day trip. Here you will experience the local marine environment and your guides Attie and Dave will provide you with lots of information.



Inflatable Kayaking

Explore the nearby rivers and creeks by kayak, play games and paddling races. Participants will receive a comprehensive safety brief and ongoing instruction from our highly experienced staff. Inflatable kayaking is a great way to demonstrate teamwork and communication between the two paddlers, with kayaking providing an individual challenge for many participants. Activities on the rivers and creeks are determined by the experience of the group.

The creeks and rivers are home to a wide range of flora and fauna". We regularly sight jungle perch, black bream, water dragons, lace monitors, and turtles. We have also had sightings of platypus in the upper creeks.

Obstacle/Challenge Course

A commando course designed on army style, fun and very challenging. This can be tailored in many ways for the needs of your group. We can tailor it more physically for the level of fitness of your participants or use it as a confidence course. It is most popular with school groups. Go On Challenge yourself!



Freshwater Snorkelling

Take a look at Echo Creek from a totally different perspective! Participants will be introduced to snorkelling in carefully constructed stages suited to the rank amateur, then given the freedom to explore sections of this pristine natural wonderland under close supervision.

Horsing Around

Topics within this workshop include: the safety around horses, horse behaviour, horse health and wellbeing, saddles and tack, basic handling and groundwork, mounting/dismounting and beginner riding skills (moving forward, turning and coming to a halt). Once the basic concepts have been discussed the lesson will progress to a practical demonstration, led by the instructor with participation by the group. This practical component would be focused on the horsemanship skills already discussed (mounting, moving forward, turning, stopping, dismounting).

The theory based component is conducted in a group 'classroom' environment with a live horse used to highlight certain points. As the lesson progresses into a practical demonstration, select participants will have the opportunity to physically participate and apply their skills. Areas such as sustainability, nutrition, and other curriculum focus can be tied into this session.



CULTURAL ACTIVITIES

Aboriginal Weaving

Participants are given a 10 minute demonstration by their activity coordinator on the different types of cultural artefacts (baskets) made by the Jirral people. They are then taken out into the rainforest and given a hands on demonstration on collecting the natural fibres (lawyer cane) required to make these significant cultural artefacts. Interactive activity includes the participants creating their own friendship bracelet which combines traditional and contemporary art to make the activity fun and engaging for all age groups.



Boomerang Throwing

Participants are given an overview of the history of the boomerang in Jirral society. How important these stone age artefacts are to our people and how they sustained life.

An in depth description of the aero dynamics of the boomerang, the different types of boomerangs and their uses in Jirral culture. An interactive activity which demonstrates how to throw a boomerang and the unique techniques involved.



Spearing the Wallaby Game (Gugundal)

Participants are given a 10 minute cultural history lesson on the gugundal (spearing the wallaby game). They are then taken out onto the open ground and taught how to throw a spear. The object of the game was used by our people to teach the young boys how to hunt and spear a wallaby. To spear a wallaby requires agility and a certain set of skills which the participants will have the chance to learn. This interactive activity involves the participants to spear a moving target. In this instance it will be a round shaped object which is thrown by their qualified activity coordinator.



Aboriginal Painting

Participants are given an overview of the history stories in Jirral society and the role they play. They learn the importance of culturally significant places. Stories told have been passed down from generation to generation and depict how our people place the creation of the environment within a local cultural context. Interactive activity which demonstrates how to paint from an indigenous perspective. Participants listen to the story being told and then have to create the story through art on their boomerang or canvas.

Mija (Hut) Building

Participants are given a 10 minute cultural lesson on the making and uses of traditional Aboriginal shelters "Mija's". They are then taken out onto the open ground split into teams and taught how to build a Mija (hut). Participants will have to work as a team in order to construct their hut to duplicate an exact replica of their mentor/activity coordinators. They will be assessed on this and the winning team will be given a reward. An interactive cultural activity encourages teamwork and communication skills.



CULTURAL ACTIVITIES



Cultural River Walk

Participants are given a safety talk prior to walk being conducted. They learn the importance of river life to the Jirrbal people and how the river sustained life. Interpretation on the flora and fauna – local Indigenous perspective. An interactive activity which demonstrates the importance of body painting with the natural ochres of the river and the interpretation of the different designs made on the body.



Traditional Echo Creek Bush Walk

Participants are given a traditional welcome in Jirrbal language and a brief safety talk prior to transferring over to the walking track. They are then taken on a 4 – 5 hour hike on the beautiful Echo Creek Walking Track. Participants will learn to see the rainforest environment via an Indigenous perspective. Interpreting the flora and fauna. Listen to and sight cultural story places and their meanings in Jirrbal society. Whilst swimming in crystal clear water (time permitting).

Jirrbal Language Workshop

Participants are given a basic introduction to the Jirrbal language. How oral language played an important role in Jirrbal society. How the Jirrbal language is now a written language. An interactive language activities and games (specifically designed to all age groups). Included: Student Activity Book (Jirrbal Language Activities)



Rainforest Identification Workshop

An Introductory workshop into understanding the flora and fauna within the rainforest includes basic Aboriginal knowledge. Participants will gain a basic understanding of flora and fauna within the rainforest environment. Practical application out in the environment identifying certain plants and animal droppings etc. Included: Student activity workbook.



Tully Kayak Tour (Guided)

The Guided kayak tours are a great way to experience adventure in the Cassowary Coast Region at very reasonable rates. Relax and breath in the beauty of the Bulgan Creek in Tully and paddle your way down stream and see the environment through Indigenous eyes.

Kayak down the Bulgan Creek and learn firsthand what our Ancestors knew intimately about the natural creeks and rivers. Join your Aboriginal guide today by kayaking down beautifully created creek tunnels, a chance to dive in and say hello to the local freshwater fish who have made this natural eco-system their home. You will sense, feel, touch and connect to nature like never before.



JOURNEY BASED SKILLS

The Journey Based expedition program is a real outdoor adventure for school groups from year 8 – 12, university and corporate groups. The tropical north, is the perfect setting for outdoor camps in a pristine rainforest environment. In small groups, participants are responsible for leading all aspects of their expedition. Echo Creek Leaders have a diverse range of skills and experience to assist groups being resourceful, independent and overcoming challenges. Key learning areas are leadership, bush skills, environment and personal growth. The expeditions are tailored to meet the groups challenge level and specific educational outcomes. All equipment is supplied.

Try an overnight, 2 day or week long program.

Croc and Wildlife Tours:

Take a tour of a lifetime on our local Croc spotting river cruise, while taking in the sights of the Hull River National Park and surrounds, its rainforest backdrop and the resident salt water crocodiles amongst the beautiful mangroves. An Amazing 45 kilometer tour, up through amazing mangroves, past estuaries and crab pots. See crocodiles in their natural habitat. Watch as nesting Ospreys glide in the skies above. The animal life is stunning with Ibis, Egrets, Sea eagles and too many more bird species to mention. Then as we meander up to the mouth of the Hull river we take a short break at the Coast Guard, check our pots and then journey home.



Fishing

The array of rivers and creeks in the Tully Valley area lends themselves to some great fishing expeditions. Take a personalised fishing tour with our qualified local guide, while taking in the sights of the Tully Valley and surrounds, its rainforest backdrop and the resident wildlife such as Cassowaries, Wallabies and birds.

An amazing tour, walking amongst some of the oldest Rainforest in the World, beautiful freshwater swimming holes and huge Rainforest Trees. Fish for the local Jungle Perch, Black Bream and Sooty Grunter.

Spotlight Night Tours

Just on dusk you can take a guided tour of the nearby rainforest to see the local nocturnal inhabitants. Most of our animals come out and play during the early evening and early morning so here you may see the resident possums and owls too.





... the **ULTIMATE** camp &
cultural experience!

Tel 07 40689161 Email michelle@echocreek.com.au
Web www.echocreek.com.au Postal PO Box 80 Mission Beach QLD 4852